

## Patient

NAME: **Jerome Morrow**

GENDER: **M** AGE: **49** DOB: **01/10/1961**

COLLECTED: 11/02/2010, 10:40 a.m.  
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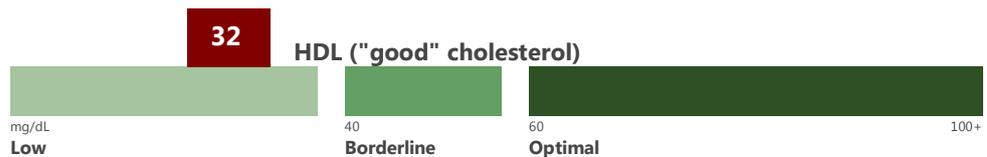
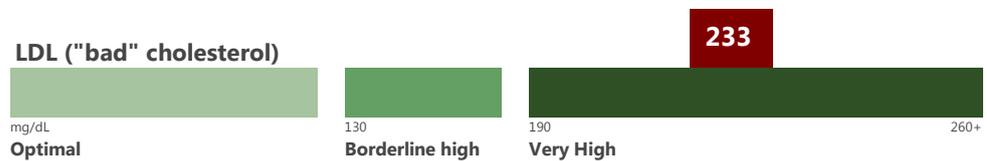
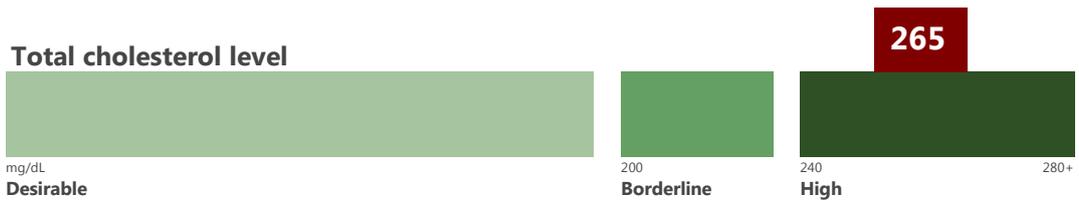
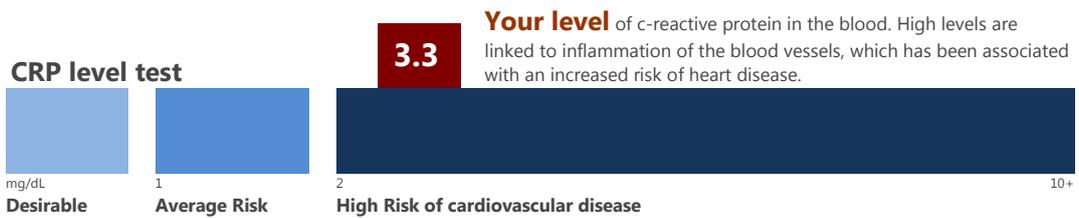
1

### About this test

This report evaluates your potential risk of heart disease, heart attack, and stroke.

2

### Your results



**Your risk** You show an elevated risk of cardiovascular disease.

3

If you are a smoker with blood pressure of 130 mm/Hg but a family history of heart attack before age 60 (in one or both parents), your risk over the next 10 years is:

**15%**

**Your risk would be lowered to:**

**12%** if your blood pressure were 120 mm/Hg.  
**10%** if you quit smoking.  
**6%** if you reduced your cholesterol to 160 mg/DL.

### What now?

4



**Diet and exercise** can improve your cholesterol levels.



**Avoid drinking** alcohol, except in moderation: one to two drinks per day.



**Ask your doctor** about statins or other medications that can lower cholesterol.



**Consider retesting** in one to two weeks, in case your CRP level was caused by infection.